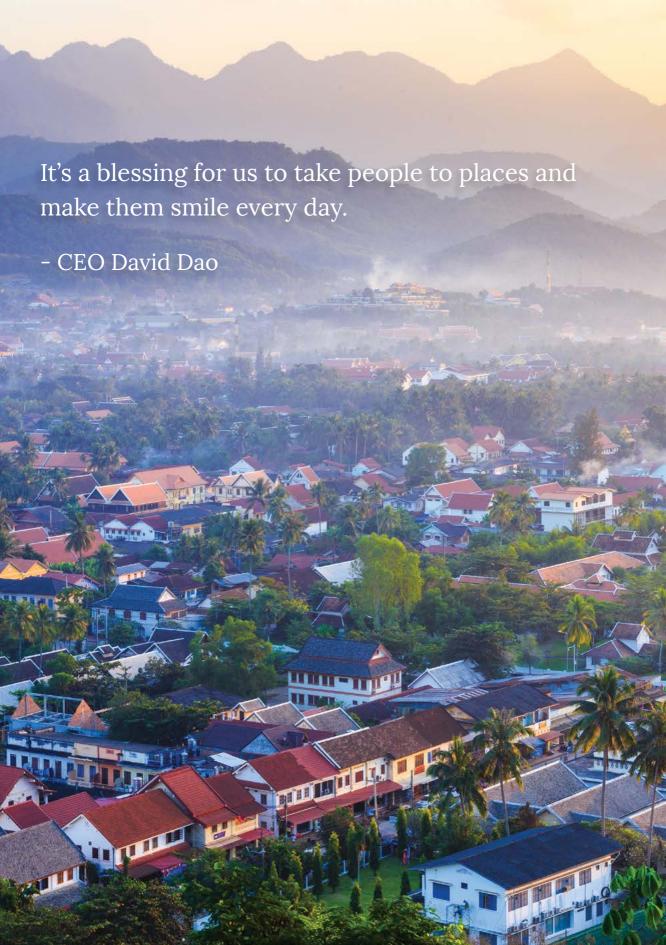


A Travel Guide to LAOS





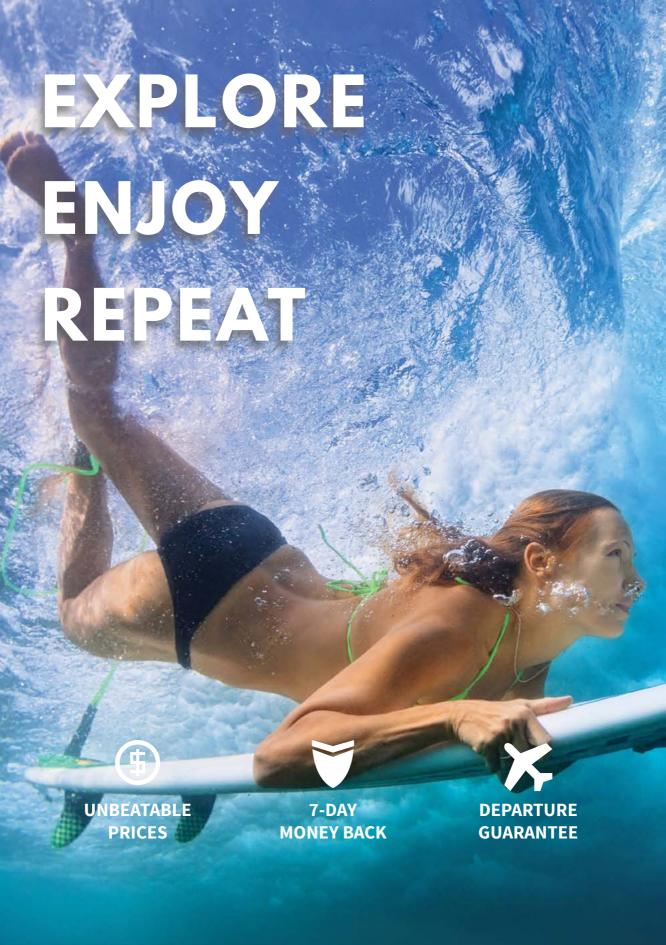
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Greetings from

Asia Vacation Group

Inspired by the passion of travelling and exploring the extraordinary, Asia Vacation Group travel agency was born in 2015 with the vision of delivering the ultimate travel experience to group and individuals around the world.

Guests Lover

Our dedicated services are with you all the way. Just sit back and relax.

Local Leaders

With more than 60 itineraries to 7 countries in Asia, we will take you the most beautiful corners of the land.

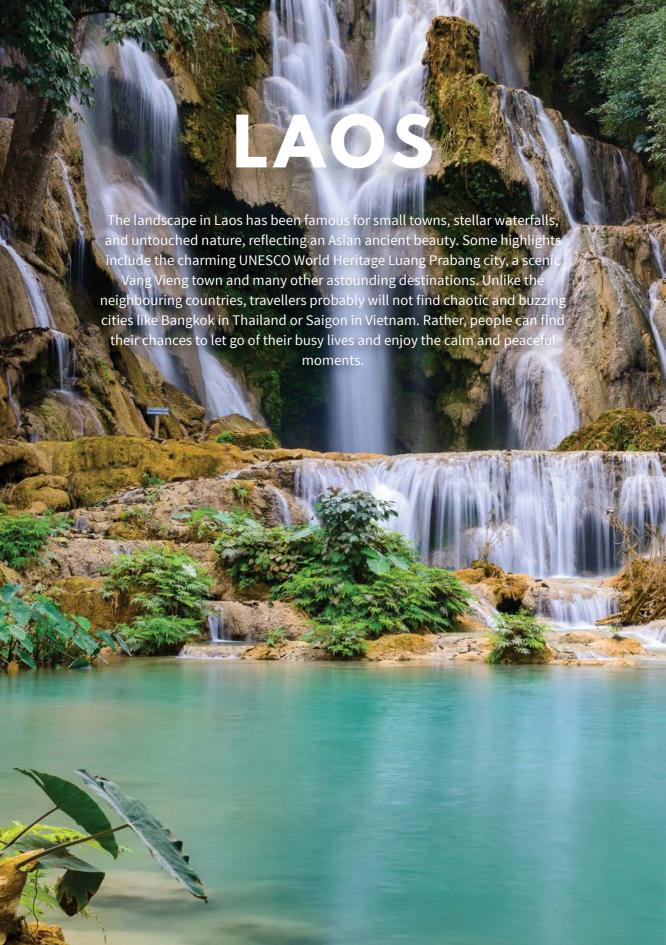
Responsible Travel

We implement only good ethic practices to protect the environment and historical wonders for mankind.

The accommodation was exemplary in the four hotels we stayed in and every tour was terrific with the highlight for me being the Saigon River dinner cruise. The food everywhere was fantastic. Thank you for arranging such a great holiday.

- Norm Avent Asia Vacation Group Customer







Quick Facts



- \$ CURRENCY Kip (LAK)
- POPULAR INTERNATIONAL AIRPORTS
 Wattay Airport (VTE), Vientiane
 Luang Prabang Airport (LPQ)
 Savannakhet Airport (ZVK)
 Pakse International Airport (PKZ)

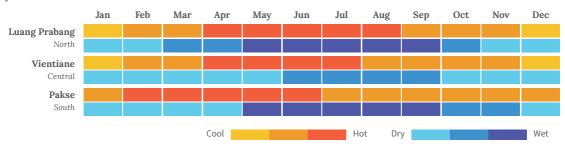
LANGUAGE Lao

- TIME ZONE
 UTC +7 hours
- 4 ELECTRICITY
 230V/50Hz
 Plug type A, B, C, E and F



Weather

There are 2 distinct seasons, which are the wet season (May - September) and dry (October - April). Laos can be visited year around. However, the best time to visit is probably during the dry months.



WHERE TO GO



Luang Prabang

As a UNESCO World Heritage-listed city and once served as the royal capital of Laos, Luang Prabang is well-known for numerous ancient Buddhist temples and antique architectures. The nearby Kuangsi Waterfall is a popular attraction as well.



Phonsavan

Located in the northeast of Laos, Phonsavan means "Hills of Paradise" in Laos' language. The most wellknown attraction in the area is the Plain of Jars, an archaeological site with mysterious giant stone jars scattered all over the place.



Vang Vieng

A striking river landscape sitting on the banks of Nam Song River and surrounded by a mysterious cave system, towering karsts along with lagoons of turquoise water. This town is a perfect destination for adventurers and backpackers.



Vientiane

Vientiane is the capital and the hub of commerce and administration. Influenced by the French colony in the past, many buildings are created with French styles, especially the famous gate Pattuxai. Also, this city is home to the massive glittering stupas and Buddhist temples.



Savannakhet

Savannakhet is Laos's secondlargest city and is known for its well-preserved French colonial architectures, such as Wat Xayaphoum Temple, That Ing Hang Stupa and Huean Hinh Stone House.



Pakse

Situated at the confluence of the Mekong River, Pakse possesses historical charm and is considered as the gateway to many incredible sites of Southern Laos, such as the Si Phan Don and Vat Phou.



WHAT

01

Watch the Alms Giving Ceremony

As one of the most sacred morning rituals in Laos, Alms Giving Ceremony takes place daily when the sun rises, the Buddhist Lao monks will silently walk through the streets and receive the gifts of food from the locals kneeling down on the sidewalk. All the tourists that take part or observe the ritual should keep silent, turn off the camera's flash, don't touch the monks or get in their way.



02

Trek in Nam Ha Nation Park

The park is located in Luang Namtha Province and well-developed for tourists to explore the jungle. Visitors would encounter big trees, beautiful landscape, and abundant wildlife. Depending on the physical ability, a traveller can choose to have one-day or multi-day hikes in the area.

03

Try the Gibbon Experience

Being renowned for the world's highest tree houses, the Gibbon Experience is a tourism-based project located in Bokeo Province.

Travellers may fly through jungles via zip lines and stay overnight in the tree houses as part of the journey to search for gibbons. The experience is truly amazing and adventurous.



04

Canoe through a 7-km cave

Tham Kong Lor Cave is an impressive natural masterpiece located at the Phu Hin Bun National Park. The Phu Hin Bun rivers flow through the cave, and visitors can canoe through it and discover the emerald pond hidden deep inside. The pond is believed to have a connection with the Hindu God, Indra.





05

Go tubing in Vang Vieng

For less than USD10, one can rent a rubber tube and float down the Nam Song river for a whole day. Vang Vieng is always famous for its untouched nature and fresh air. It's time to grab a drink and enjoy the view.



Cruise along the Mekong River

As the Mekong River plays a major role in Laos's agricultural production, an excursion along this mighty river will give the tourists a chance to witness the lush vegetations, fertile lands for rice production and livestock farming as well as a rich cultural heritage along the banks.



INSIGHTS

Getting a Visa

Туре	Visa On Arrival	Visa Before Arrival
What	Apply at the airport.	Apply at nearest Lao embassy.
Pros	No preparation needed prior to leaving.	Save time at the airport.
Cons	Queue up at the airport. Only available for residents from eligible countries. Refer to https://www.tourismlaos.org/	Must apply in person.

Local Money

Local currency can be exchanged at the banks or authorized agencies.

Popular banks are ANZ Bank, Indochina Bank, and Agricultural Promotion Bank.

 \star Do not make any transaction at unauthorized shops. There's a fine and the difference is not worth it.





100,000 kip

MOVING AROUND



AIRLINES

There are only 2 airlines operating in Laos, which are Lao Airlines and Lao Skyway. Lao Skyway is the newer airlines and offers flights at a bit cheaper prices. Laos Airlines is the national airline.





BOAT

The most popular boat route is between Luang Prabang and Huay Xai. There are slow boats and speed boats. They usually depart in the morning and the cost may vary depending on the water season. The average cost is about $^{\rm USD}43$.







Taxis in Laos may have meters or not. In any case, passengers can make a bargain with the drivers. Another option is to rent a taxi for the whole day, which will cost about USD per day for commuting within the city.



RUS

Bus city network in Laos is not likely designed for tourists. However, the long-haul bus is useful and favourable. For a trip between Luang Prabang and Vientiane, the cost would be USD 23. There are also buses between Laos and neighbouring countries.



TUK-TUK

Similar to Thailand, three-wheeled Tuk-tuk is also a common means of transportation in Laos. The price is typically ^{USD}1 per kilometres and passengers should bargain hard.

FEELING

The Mild & Tangy Khmer

HUNGRY?

01 Steamed Fish (Mok Pa)

A speciality contains steamed fish mixed with garlic, chilli, shallot, dill and fish sauce then wrapped in banana fish and tied with bamboo.



02 Green Papaya Salad (Tam Mak Hoong)

A dish made by mixing chopped green papaya with carrots, peanuts, tomatoes, shrimp, chillies, fresh lime juice then pounded together.



O3 Chicken Noodle Soup (Khao Piak Sen)

A traditional homemade soup made of slightly chewy noodles and a chicken broth then topped with scallion.



04 Meat Salad (Laap)

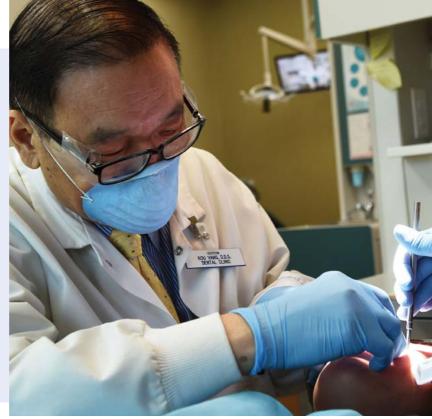
Fresh meat (pork, chicken, turkey or duck) seasoned with fish sauce, shrimp paste and sugar stirred together, then served with steamy hot sticky rice.





STAY HEALTHY

Laos' health system is still less advanced than in other countries in Asia. Some common diseases are bird flu and diarrhea. Tap water is not good for drinking and street foods should not be consumed too much. In an emergency, you must quickly get transferred to the nearest medical centres for treatment and advice. We highly recommend that all travellers should purchase travel insurance for peace of mind.



EMERGENCY DIAL

1191 POLICE

1190 FIRE 1195 MEDIC



STAY CONNECTED

For data only, a 4G sim card costs about USD 12 for 3GB of data, valid to use in 30 days (Unitel). Credits can be added for calling.

Popular Network Providers are Unitel, Laotel, Beeline, and ETL.

STAY SAFE

Laos is considered to be a safe place for tourists. Violent crimes against foreigners are very uncommon. However, pickpocketing and petty theft are the threats that tourists should be aware of. Tip: Do not carry valuable assets and documents while travelling and always stay cautious when entering crowded areas.



> Boat Racing Festival (Boun Suang Heua)

October - Vientiane

This colourful festival is held annually on the 15th day of the 11th lunar month to pay respect to the mother of the river for providing water for daily life as well as washing away the bad luck of the past year. Traditional boat racings along with many other sports will happen during this day along the banks of the Mekong River. This is one of the most expected festivals of the Lao every year.



lasts for a week and the streets may be packed with

local residents and tourists.

> Rocket Festival (Boun Bung Fai)

April/June - Vientiane

To pray for rain and prosperous rice crops coming up, the Lao people usually celebrate Rocket Festival in the 6th lunar month. The self-made firework rockets from many representatives of different communities will compete for the best decoration and the highest flying. Losers are thrown in the mud.

ETIQUETTES



Stay local. Stay right

#1

Greet with *nop*, putting your hands together like praying and bow your head slightly. Handshakes are also widely accepted.

#2

Take off the shoes when entering houses unless being told otherwise.

#3

Do not touch anyone's head, even children.

#4

Use your right hand when handing something to others. The right hand is considered to be more respectful.

#5

Public displays of affection are highly discouraged in Laos between opposite sexes.

#6

Sexual relations between a Lao national and a foreigner is not likely welcomed.

#7

Dress properly when entering temples and shrines. Shoulders and knees should be covered.

#8

Getting in line is not very popular. Try to stay calm if someone breaks the line.

#9

Try not to show your anger or disappointment in public. Saving others' faces is important.

#10

Giving gifts randomly to children is not recommended as it encourages begging.



TRAVEL AGENCY

Employed by Asia travel experts, Asia Vacation Group understands deeply WHERE to go, WHAT to do, and HOW to take your holiday to the fullest



Best Prices



7-day Money Back



100% Departure Guarantee

Our tours typically include



Flights



Accommodation



Selective Meals



Transportation



Sightseeing



Tour Guides

*Prices are on per person twin share basis and subject to change without notice.



16 Day Vietnam Laos Cambodia Tour

Tour Code VLC16

Saigon, Hoi An, Hue, Hanoi, Halong, Luang Prabang, and Siem Reap.



21 Day Best of Indochina Tour

Tour Code WBI21

Phnom Penh, Siem Reap, Luang Prabang, Hanoi, Halong Bay, Hoi An, and Saigon.



14 Day Luxury Southeast Asia Discovery Tour

Tour Code AIDL1-14

Hoi An, Hanoi, Halong, Luang Prabang, Siem Reap, and Saigon.



25 Day Grand Southeast Asia

Tour Code ASEA2-25

Hanoi, Halong Bay, Hoi An, Saigon, Mandalay, Bagan, Yangon, Luang Prabang, Siem Reap, and Phnom Penh.

TRAVEL HACKS

Documents

the CHECKLIST for PACKING

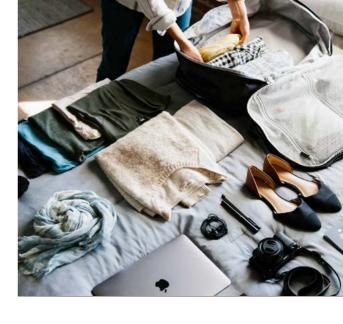
You don't need to pack your whole apartment into your luggage...

)		Passport with at least 6 months expiry date.	
)		Visa documents.	
		E-tickets or printed ticket.	
		Hotel list.	
		Tour itinerary.	
	T	Clothes	
		Tshirts, shorts.	
		Swimsuit.	
		Jackets.	
		Hat or cap.	
	A.V.	Electronics	
		Chargers.	
		Electrical adapter and converter.	
		Camera kit, including batteries and	
		memory cards.	
		Phone, earphones.	
		Medicines	
		Cold/Flu, Diarrhea, Pain Relief,	
		Allergy.	

Precription drug with label and doses

Sunscreen and insect spray.

description.



Money

- □ Foreign currency in cash.
 - Credit card (Mastercard or Visa are more widely accepted).

Packing Gears

- \Box 1 check-in luggage (up to 20/30kg).
- ☐ 1 carry-on luggage (up to 7kg).
- □ 1 small travel bag/backpack.

Shoes

- ☐ Comfortable walking shoes.
- ☐ Sandals.

△ Accessories

- □ Sunglasses.
- □ Umbrella.
- \Box Hat or cap.

Toiletries

- Toothbrush and toothpaste.
- □ Soap/shower gel.
- ☐ Feminine product.
- ☐ Hand sanitizer or wet wipe.

TRAVEL HACKS

ON THE GO SURVIVAL



SOUVENIRS

For those who do not want to get home empty handed.

- Bamboo wares.
- Wood carving.
- · Silver jewellery.
- Textiles.
- Coffee.

TALK LOCAL

Some common Burmese phrases that may come in handy.

English	Burmese
Hello	sai-bai-dee
Thank you	khop chai
Sorry	khaw toot
Yes	doi
No	baw





BARGAIN

Prices are generally fair in Laos. You should only haggle with taxis.

<u>Rule#1</u>: Study the prices with different drivers.

<u>Rule#2</u>: Do not use this move if the price is too low already.

Rule#3: Start bidding at 50% of the offer received and work your way up.

<u>Rule#4</u>: If 50% works, walk away immediately. It can be much lower.

Rule#5: Just walk away...

BOOKING FORM

Please fill in the form below and kindly send them to our office. Our address is on the last page of this guide.

SECTION 1: TRIP DETAILS							
1. Which tour do you want to book?		2. Preferred ro	om type Double Triple				
3. Where will you depart from? Sydney Melbourne Adelaide Canberra Auckland Other (Please spe	Brisbane Perth	4. Would you l Yes 5. Preferred Fl Economy Business					
6. When do you want to travel		7. Number of passengers					
(dd/mm/yyyy)							
8. Add-on Tours (Please name all of them)		9. Special Req	uest (transport, a ccommodation, etc)				
* Final price will vary based on your selections. But don't worry, you are still having the best rates possible SECTION 2: LEAD PASSENGER							
10. First Name	11. Middle Nam	ie	12. Last Name				
13. Street Address 1		14. City	15. State 16. Postal Code				
17. Street Address 2		18. Country	19. Nationality				
20. Email Address		21. Phone Number					
SECTION 3: OTHER INFORMATION							
22. Would you like to hear about our latest offers and promotions? Yes No							
Terms & Agreement (<u>Please read carefully)</u> If submitted by one party only, I confirm that i am authorized to sign on behalf of all pasengers listed on this booking form. All parties have read, understood and agree to abide by the terms, booking conditions and responsibilities.							



BOOKING CONDITIONS

Reservation & Deposit

Tour prices are subject to availability of tour, airlines, special economy class fare and specific airfare class availability. All services are subject to availability. Typically, a deposit (from \$199 per passenger) is required within three (3) days of receiving confirmation that the company is holding space for you. Actual amount of deposit may vary depending on tours. Note that Private Tours and Tailor-Made Tours require a 30% deposit. Passenger names must be provided exactly as per passport, including middle names, at the time of deposit/booking. Any spelling corrections made after a deposit is paid must be sent in writing and will incur additional fees, including any ticket reissue fees. Asia Vacation Group reserves the right to correct any errors in rates quoted or calculated, or any commissions made at any time during your booking. Any verbal quote given is an indication only of the final price and is subject to confirmation in

Amenments & Extra Fees

The following fees will apply:

- Amendments to confirmed and deposited itineraries outside of 30 days prior to departure where the value of the booking is decreased: \$50 per change for admin fee.
- Transferring between tours (within 75 days): See "Cancellation by Customer" for applicable fees and details.
- Reissue of airline tickets: From \$100 per person.
- Once a booking is confirmed, name transfers may incur additional charges.

Cancellation by Customers

All cancellations must be made in writing to Asia Vacation Group and will be subject to the following cancellation charges from the date the written cancellation is received:

- If airline and rail tickets are issued, up to 100% of the airfare and rail fare surcharged.
- If your booking is made with the Budget airlines, up to 100% of package tour.
- If customer wants to change the travel dates and visa issued,

- up to 100% of visa fee.
- More than 75 days prior to departure: loss of deposit plus any administration fees
- Between 74 and 59 days prior to departure: 25% of total cost
- Between 58 and 46 days prior to departure: 50% of total cost
- 45 days or less prior to departure: 100% of total cost
- Any "No Show": 100% of total

In the event of a cancellation any refunds will be less administration fees and any applicable amendment fees. Asia Vacation Group will endeavour to recover as much as possible from suppliers to pass on to the customer. Regrettably cancellation charges and fees cannot be waived. There can be no exceptions. No refund will be made for any unused portions of the holiday after the departure date. Please note that employees of any overseas company or staff of Asia Vacation Group outside Australia are not authorised to give any guarantees or agreements to customers in respect of refunds or any other matters.

Cancellation by the Company

Asia Vacation Group reserves the right to cancel or vary a tour prior to departure due to insufficient numbers. In such an event, alternative guaranteed travel dates will be offered. Should these options not be acceptable Asia Vacation Group will refund the full price paid, less visa cost. If a tour is cancelled or varied prior to departure due to unforeseeable circumstances such as, but not restricted to. severe weather conditions or force majeure, Asia Vacation Group will refund all monies prior to departure less visa cost, fuel surcharge and any other cancellation fees levied by airlines and other third parties. Unforeseeable circumstances such as force majeure, adverse weather, flight rescheduling, hotel overbooking and faults with transportation or road conditions may also have an effect on the tour itinerary after the commencement date. Any decision made in respect of tour services by independent operators to re-route or amend the itinerary due to any of the above or similar circumstances

is at the discretion of the tour service provider and Asia Vacation Group will not be liable for any claim whatsoever arising from such events.

Responsibilities

Asia Vacation Group acts as a coordinator for all persons taking these tours in the making of all arrangements for transportation, sightseeing and hotel accommodation. The Company does not own, manage, control or operate any transportation vehicle, any hotel or restaurant or any other supplier of services. All receipts and tickets are issued subject to the terms and conditions specified by the supplier and all services are subject to the laws of the country where the services are provided. The Company acts only as an agent for the owners, contractors and suppliers of transportation and/or other related travel services provided and assumes no responsibility for the loss, theft or damage to baggage or property or for any injury, illness or death or for any damages or claims whatsoever caused arising directly or indirectly from accidents, loss, theft or damage to person or property, delays, transport failure, strikes, wars and uprisings or acts of God etc. over which the Company has no control. We strongly urge all customers to undertake a high level of personal responsibility in order to ensure that possessions, equipment and personal documents are closely monitored and protected at all times.

Privacy

We are collecting your personal information so that we can process your booking. We will also keep you up to date with other Asia Vacation Group's offers and product information that may be of interest to you if you have consented to this. You can opt out of receiving information at any time if you choose to do so. Any personal information you provide will be managed in accordance with Asia Vacation Group's privacy policy.



